FORMATIVE EVALUATION OF "OUR HOUSE": TRANSITIONAL HOUSING FOR HOMELESS MENTALLY ILL WOMEN

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HISTORY OF ‘OUR HOUSE’

The Human Development Center (HDC) is a private, non-profit corporation which provides mental health services to Southern St. Louis, Lake & Carlton counties in Northeastern Minnesota. The Community Support Program (CSP) is a part of the HDC and provides services for adults with serious mental health problems. There are several different services provided that are designed to help people in the community who experience health problems. One such program, the Homeless Project, includes a program entitled "Our House" that houses homeless, or potentially homeless, mentally disabled women. The project, which was established in June of 1988, provides transitional housing for these women. The Homeless Project received funding through the McKinney Act in 1988 and at its beginning, employed 1.6 mental health outreach workers.

In November of 1988, HUD released 3 houses in the Duluth area to be leased to non-profit organizations at a rate of $1.00 per year. The HDC, in November of 1988, became the first organization in Minnesota to take advantage of HUD's offer and secured a house in Duluth to be used as transitional housing for homeless women with mental illness. According to HUD rules, the tenants cannot be charged any rent. Therefore, the program started operation using several grants. One such grant was received from the Ordean Foundation in the amount of $3,500. This grant was used expressly to open and to start the operation of "Our House".

The transitional housing program is intended not only to provide temporary housing, for approximately 3-6 months, to homeless mentally ill women, but also to help with the training of certain skills and to assist in preparing for and obtaining permanent housing. "Our House" is a 3 bedroom home located in Central Duluth. Estimated costs at the beginning of the program were $6,000.00, which included utilities, insurance, taxes, repairs, furnishings and
supplies. Staff time allocated to the house were charged to the HDC budget.

GOALS AND OBJECTIVES FOR 'OUR HOUSE'

"Our House" was set up as a transitional housing program, with an estimated stay of up to 6 months. A set of expectations, including setting aside money for deposits, phone, furniture and other expenses that the tenants might incur upon obtaining permanent housing, were developed. The criteria for being selected to live in the house is based on the woman's need for housing, her lack of skills necessary to maintain living independently and her mental health issues. The staff is set up to provide on site supervision and skills training, which includes cooking, shopping, cleaning, budgeting, etc. as needed. However, the staff also assists in obtaining any benefits that the tenant is entitled to, such as general assistance, social security, supplemental income, medical assistance and food stamps. The direct supervisor of the three women meets with the women at least once a week as a group. At this time, the individuals can discuss any roommate problems or concerns, as well as any other complaints or suggestions that might arise. In addition, the supervisor also meets with each tenant individually to help them in developing their personal independent living skills and assists them with other problems as they arise. The residents are also strongly encouraged to have productive daytime activities. This activity could include a day treatment program, school, volunteer work or a job. The main goal in providing transitional housing is to teach independent living skills to prepare residents for permanent housing. The women, also develop cooperation skills as they interact with their other roommates and with whom they must share the responsibilities of the house with.

At the onset of the program, there was a decision to be made whether to house the
facility with men or women. There are nearly as many women as men in need of homeless services. Although there are no comparable programs in the Duluth area for either men or women, the decision was made to make the house a facility for women because the majority of housing programs for the homeless are geared toward men. It is anticipated that not only will the project improve the lives of the 4-6 women who live there per year, but also it is hoped that the project will show homeless agencies that homeless people with mental illnesses, who have proper assistance and support, can productively live in the community.

The goals of the program, for one year’s time are to:

- Provide temporary housing of 4-6 women with mental illness who are homeless or at risk of becoming homeless;
- Provide residents independent living skills training;
- Assist residents with benefits assistance;
- Provide on-going counseling and support; and
- Assist residents in preparing for and obtaining permanent housing.

From these goals, the following objectives were developed, to:

- Provide transitional housing for women with mental illness who are homeless or at risk of becoming homeless;
- Provide residents support, supervision and any needed mental health services;
- Assist residents in assessing their independent living skills, develop goals to address any deficits and provide the instruction and support to meet those goals;
- Assist residents in obtaining benefits assistance, such as General Assistance, SSI and food stamps;
- Provide safe, affordable housing for women while they are in the process of securing permanent housing;
- Assist residents in obtaining permanent housing, assist them with the move and provide on-going support to maintain permanent housing.

**COSTS**

For a year, the house was leased through the HUD $1.00 per year lease program. The HDC took possession of the house in November of 1988. After a few repairs were made, the first residents moved in on February 27, 1989. Up to this evaluation, there has been a total
of 13 women in the house with an average stay of approximately 3 months.

After a year of operation, "Our House" was purchased by HDC. The house was bought using money from the Ordean Foundation, the Minnesota Housing Finance Agency and HDC itself. HDC purchased the house from the Housing and Redevelopment Authority of Duluth for the price of $24,750. Closing costs and other related expenses were equal to $2,475.00, for a total of $27,225.00. This cost was divided in the following manner:

- $7,500.00 Ordean Foundation
- $14,850.00 Minnesota Housing Finance Agency
- $4,875.00 Human Development Center

The Special Needs Housing Program Grant of the Minnesota Housing Finance Agency, would cover 50% of the purchase price. The request from the Ordean Foundation and the Human Development Center provided the other 50%.

The ownership of the facility allowed certain advantages over leasing for the Human Development Center. These are:

- **Charging Rent.** HUD rules at the beginning of the project prohibited charging rent and, therefore, operating costs had to be covered by grant sources. This situation was not ideal since residents are generally eligible for some type of assistance. This provides the tenants with a more realistic living situation by including rent in their budget.

- **Program Security.** The HUD lease was renewable for one year periods, with no guarantees on the future of that lease program.

- **Maintenance.** Under the lease, the HDC was required to maintain the property. Ownership made it easier and more desirable to invest in the property for needed repairs and improvements.

Rent for a year is approximately $5,000.00. However, this figure allows some flexibility for the individuals who have no income for a certain period and for the times when one room may be vacant. Expenses for the house, such as insurance, supplies, electricity, garbage, etc., are approximately $4,990.00 a year. After purchasing "Our House", the HDC then could
charge rent at a reasonable rate of $150.00 a month per person, which includes utilities, to cover these expenses.

METHODS

The methods used for this evaluation research combined extensive case histories with face to face interviewing. At the time the research began, there had been thirteen previous or current residents of 'Our House'. A request was made to each of these thirteen residents to release their case histories and to be interviewed. We received releases from nine residents and were able to interview seven of them. The interviews and case histories were conducted in February and March of 1991 at which time, of those interviewed, three were current residents and four were previous residents.

FINDINGS

This evaluation focuses on resident’s perceptions and experiences at Our House. The case histories were merged with the information from the interviews and the findings reflect data from the seven cases which had both an interview and a case history.

Diagnoses

Out of the seven women residents, the diagnoses upon admission into Our House fell into the following categories; 3 were diagnosed with schizophrenia, 1 with post traumatic stress disorder, 3 experienced a personality disorder or a borderline personality disorder, 1 was diagnosed with depression, another resident was admitted with the diagnosis of manic depression and 1 resident was borderline mentally retarded. A total of three residents had more than one diagnosis upon admission.
Previous Residences

The previous residences for the women consisted of board and lodging homes, St. Clair House, independent living, Tri-Towers, the YWCA and the Arrowhead House (Rule 26 II-no treatment). Three of the women had lived at the Arrowhead House at least one year prior to being placed at Our House. One person lived in two different places within the year previous to her move into Our House.

Length of Stay

At the time of the interviewing, the length of stay in Our House had a median of 169.3 days, or approximately five and a half months. The length of stay times had a range of 350 days, from 27 days to 377 days. Lengths of stay included durations of 27, 78, 114, 122, 197, 270 and 377 days. The three longest lengths of stay were achieved by the three women residing in the house at the time of the interviews.

Reasons for Moving to Our House

Reasons for moving into Our House included needing more supervision, structure and support (two people cited this reason); to increase their independent living situation (3 people listed this reason); and to save money in order to move into an independent living situation (two people also cited this reason for moving). Five people listed other reasons consisting of goal planning, avoiding hospitalization, reducing isolation, socializing, keeping a job and prevention from becoming homeless. Four residents cited more than one reason for moving into the house.

Demographics

In terms of education, two people had less than a high school education, three had graduated from high school and the other two had some college education. The women's ages had a range of 35 years, ranging from 21 years old to 56 years old. The average age of
the women wa 33 years old upon moving into the house. The ages included 21, 24, 26, 30, 37, 38 and 56 years of age. One woman was divorced with three grown children that she had raised and at least one other woman had a child. All women interviewed were caucasian.

Health Status

Upon entering the house, the women’s health varied between poor (2 people) and fair (5 people) on a scale of poor, fair, good or excellent. Upon leaving the house, one person was seen to be in fair health and two others were cited as being in good health. Of the former residents, upon leaving the house, one person’s health status remained the same and two others improved, one significantly.

Disabilities

Included among the disabilities listed were epilepsy, thyroid problems, borderline mental retardation, chronic bladder problems, anorexia, dyslexia and chemical dependency. Two women cited chemical dependency and two others asserted having no disabilities.

Previous Services

The case histories provided a wide variety of previous services, activities and residences. Some of the previous living situations included Carlson Hall, groups homes, St. Clair home, King Manor, Mealsin Home, Park Point Manor, Young Adults, Unit, Arrowhead House, boarding homes and the YWCA. All of the residents with one exception had been hospitalized for psychiatric difficulties at some point prior to entering Our House. Services used by the women previous to their move to Our House included Independent Station services, all but one had used the services of Independent Station, CETA, SOAR, Community Support Program, AA, Aftercare programs through a hospital, GIVE, Harmony and Jefferson Square. Other activities included volunteering, nearly half the women had been involved with some form of volunteer work, post high school education, with two women attending a
nearby Vo-Tech and other miscellaneous classes.

Services Used During Our House Residence

During their stay at Our House, service and other interests included an increase in Harmony groups and a decrease in Independent Station. Both Harmony and Independent Station increased or decreased respectively by two people. Other services included counseling, with an increase of three people; post high school education, which remained the same; volunteering; Jefferson Square; DRS and Community Living Project. Other interests included several new groups encompassing church groups, an interaction group, a women's group, AA, OA, ARC 'People First' group and a volunteer group. Women who obtained paid work increased from two to four people.

Services Used After Leaving Our House

Services and interests following the Our House residence included Harmony, volunteering, case aide contacts, CSP, counseling, post high school education, church groups and other clubs, CLP, SOAR and one woman was admitted to Moose Lake Regional Treatment Center.

Type of Residence After Leaving Our House

The type of residence immediately following Our House broke down in the following manner: three women obtained an apartment and lived independently, one person moved into King Manor and the other three women currently live in the house.

Personal Assessments by Residents

The reaction by the women to the question "How did you like living at Our House?" included the following responses during the interview: Two people replied that they liked it a lot, two others said it was OK, one woman responded that she liked it very much, one
answered that she thought it was nice and one woman did not like it at the time of our interview.

Skills acquired during Residence

Several skills were listed by the women as having been learned from their stay at Our House. Four of the women listed budgeting, with other skills listed as acquiring patience, learning cooperative living skills, scheduling, getting instruction on food issues, learning how to do laundry, learning general chores, cooking, cleaning, and independence. One person said that she learned nothing and two others stated they already knew how to do the skills necessary to live in the house.

Things the Residents Liked

The items that the women interviewed listed as likes entailed foremost the other residents (3 women listed this reason), support from staff and independent living were the next most frequently given responses. Other responses included being safe, learning responsibility, learning and knowing expectations, privacy, having rules with support and the house itself were also mentioned.

Things the Residents Disliked

The dislikes mentioned during the interview contained items such as conflict with other residents, which was listed the most frequently; the location and some staff members were the next highest responses; with feeling unsafe and unable to sleep; a cold room; the house needing repairs; wanting more contact with the staff and the house feeling scary being mentioned by at least one previous or current resident.

Problems or Concerns

Some problems or concerns listed by the interviewees included that the house had
some structural problems which need to be fixed, that intervention in roommate difficulties was not fast enough, problems with forwarding mail, problems with roommate rules, problems with setting boundaries with staff members and that the project needed more structure.

Summary Comments from Residents

Comments incurred throughout the interview entailed a variety of responses. One woman said that she would never go back to Our House. Another responded that she went down hill until she moved into Our House and then it started going good. Another said that learning the rules and expectations was hard at first, but now she sees an improvement in herself. Finally, one woman responded "I feel that if I would have come here first, I would have been able to make it on my own."

CONCLUSIONS AND RECOMMENDATIONS

Progress towards meeting the original objectives and goals of the Our House project has clearly been illustrated by the findings of this study.

Assessment of Objectives

The first objective for the project was to provide transitional housing for women with mental illness who are homeless or at risk of becoming homeless. There are three components to this objective: first, to provide transitional housing; second, to identify women with mental illness in need of this housing; and third, to target a population of such women who are homeless or at risk of becoming homeless. The first objective was clearly met by the services provided at Our House. The length of stay averaging 5 1/2 months illustrates this is a transitional program yet moves beyond the short term (a few days to a week) of crisis housing provided for the homeless. All of the residents were diagnosed with mental illnesses.
including schizophrenia, post traumatic stress disorder, personality disorders, depression, and manic depression. Three of the residents were diagnosed with more than one mental illness. The previous residences of the women prior to moving into Our House illustrates a wide variety of housing types. Some came from a more restrictive environment where Our House provided more freedom and less structure and others came from places with no organized structured program. Difficulties at the previous place of residence was often indicated in the interviews. None of the women indicated that they had been living on the streets prior to Our House; however, all would be considered ‘at risk’ of becoming homeless. One of the residents felt that she certainly would have ended up on the street had Our House not been available. Two of the residents moved into Our House because they felt the need for more supervision and structure and three had a desire to increase their independent living skills. Two residents indicated a desire to save up their money in order to move into an apartment.

The second objective is to provide residents support, supervision and any needed mental health services. The majority of residents felt that the support they received from the Our House staff was one of the items they clearly liked about the program. Supervision, as might be expected, brought some mixed results with some residents wanting more supervision and others wishing for less. Supervision as it related to roommate conflicts was one of the conflicts mentioned in the interview process. Overall, however, supervision appeared to be provided at a level which did not hinder independent living yet provided the structural support necessary to make the transition into a non-structured setting. Mental health services were provided for all residents. A number of residents utilized services prior to their residence at Our House and their utilization of counseling services, support groups, volunteer work and paid employment increased during their residence.
The third objective is to assist residents in assessing their independent living skills, develop goals to address any deficits and provide the instruction and support to meet those goals. Many independent living skills were mentioned by the residents as personal goals during their stay at Our House. These skills included budgeting, cooperative living skills, scheduling, performing basic household duties and generally learning how to live independently. Only one individual indicated that she had not learned anything while at Our House.

The fourth objective is to assist residents in obtaining benefits assistance, such as General Assistance, SSI and food stamps. We did not receive any information concerning these services.

The fifth objective is to provide safe, affordable housing for women while they are in the process of securing permanent housing. The housing provided by Our House clearly provided a secure, affordable homelike environment for the residents while they worked on developing skills and made the transition to independent living. The majority of residents felt safe at Our House while two residents indicated a feeling of being unsafe or that the house was 'scary'. We were not able to ascertain whether this was actually a product of the house or whether simply a more independent living situation was a frightening prospect for these women.

The final objective is to assist residents in obtaining permanent housing, assist them with the move and provide on-going support to maintain permanent housing. All the women who left Our House moved into independent permanent living situations with three moving into apartments and a fourth moving into King Manor. Of those who left Our House, all have continued with support services in the community. It is to soon to determine how effective the support has been at maintaining their status in permanent housing.
Assessment of Goals

The objectives for the Our House project are a reflection of the five goals specified earlier in this report. This assessment finds that the following goals are being achieved through the Our House project:

+ Provide temporary housing of 4-6 women with mental illness who are homeless or at risk of becoming homeless;
+ Provide residents independent living skills training;
+ Provide on-going counseling and support;
+ Assist residents in preparing for and obtaining permanent housing

Insufficient information was available to assess the accomplishment of the following goal:

+ Assist residents with benefits assistance.

Overall the program is working well at meeting its specified goals and objectives. Suggestions for improvement from the residents include:

+ Some residents indicated that some structural problems with the house need to be fixed, they did not specify what repairs were needed.
+ A need for more effective mechanism for dealing with roommate disputes.
+ One resident indicated a desire for more contact with staff.
+ One resident felt that the project needed more structure.
INTERVIEWS FOR OUR HOUSE

Q. How do you like living at Our House?
A. I like it a lot. It’s really supportive, the staff is really good. Clients are real supportive when you need them. Since I’ve been here for 6 months, it’s been a good experience for me. Well actually it’s been longer than that it’s been almost a year, in February it will be a year.

Q. What kind of independent living skills have you learned since you’ve been here?
A. Mainly how to budget.

Q. Do you think you’re pretty good at budgeting and that you’ve learned a lot about it?
A. I don’t have much to budget, but yeah, I have learned a lot. How to be patient with others and to realize that I cannot take their problems on, and learn how to get along with other people. It’s been really active here. Trying to organize and keep a set schedule and how to budget and keep food, keep ongoing track of that, and dietician information.

Q. Are there any other kinds of things, like around the house, or things like that?
A. We each take turns doing the laundry and different chores, cleaning all the rooms and stuff. I knew how to do that when I came in, so that’s no big deal.

Q. So far, what have you not liked about living here?
A. (pause) I guess the main thing is having a difficult time getting along with some of the other personalities that are around.

Q. Do you mean the other roommates that are around or the staff that are around?
A. The roommates, mainly, because some of them have decided to do things that are acceptable, but when you tell them to stop they don’t want to stop and stuff. That’s been the hardest part, but otherwise it’s a good place. I recommend it to people if they ask me about it, but I don’t go directly out there and tell them where I am living either, it’s none of their business.

Q. Do you feel comfortable though it someone asked you where you lived, that you would tell them?
A. Yeah, I would recommend it if I knew that that particular individual would need or could asset from this program, if not because some people might feel hindered
from this too. Sometimes the people that need the most help are not willing to get that help so it hinders their process of ever developing more skills.

Q. Any other dislikes you have?

A. No, actually the location is kind of hard to get to. If you are downtown you have to wait 45 minutes to get a bus. It’s kind of hard to get around, unless you’re lucky enough to have a car.

Q. What do you really like about the program and the house?

A. The staff has been really good to me, when I go through my worst times, they don’t tell me it’s... they just support me during that time when I need it. You have to give me the space I need when I need to venture off or whatever. That’s been really good for me, also the fact that it is a more private area where people ask before they bring other people in and stuff. That’s been a real plus because I have a lot of problems with outside people because my ex-boyfriend there is some things that he has threatened to do to me so I don’t disclose very much about it outside. I don’t tell anybody where I live unless they absolutely have to know where I live. Another plus is that no matter what time of the day or night, there is always somebody there for you. Either the staff or the residents if you’re really going through a tough time. If you call and say I’m having a really tough time, they’re just not going to push you off and say wait until regular hours. They have been really good about that as long as you don’t abuse the system. I need the rules, but with support also. I was on my own, but it was hard for me to be on my own and after going from a board and lodge home out to an apartment and I went downhill. I ended up here after that and it’s been really good. I feel that if I would have come here first, I would have been able to make it on my own. I think it should be recommended that the person going from a boarding house should at least come in here for a trial period to see if they can handle it or something like this program. A lot of them lived in boarding lodging homes for many years and they don’t know much about the outside living. That’s what I like about this place.
Q. How do you like living at Our House?

A. I really enjoy it very much. I hope someday I will be in a house with a husband and children to raise up.

Q. What kind of independent living skills have you learned while living here?

A. Cooking skills, cleaning up afterwards, being responsible for your room and laundry and then job chores that we have everything week to do and to be done by the house meeting. I just have the kitchen. I really enjoy the people that live here, Peggy and Jill. We get along most of the time.

Q. Is there anything else you’ve learned here on living independently?

A. A little about baking, cooking and doing dishes. Money-wise how to spend it wisely, budgeting. I guess that’s it.

Q. You said earlier that you like the roommates here, what other kinds of things do you like about living here?

A. Showering everyday, keeping yourself looking good for appearances around the women in the house and also out in the community. Different things that happen and you have to look good and well-groomed. I am going to school right now, Monday through Friday, just picking up some required courses to get into college. Then when I graduate from college it will help me get a job.

Q. Do you think Our House has helped you in any way to help you go to school?

A. Yes, it gives me a place to stay, food and place to study at my own pace. It provides a good quiet and calm environment to study.

Q. What do you not like about living here so far? It can be anything about the house, or people, or anything concerning the house.

A. (pause) When I first came here I had problems in doing things that were expected for me to do and I didn’t do. I knew about it, but I didn’t do them, or couldn’t them. That is turning out to be better know. There is a great improvement.

Q. When you first came here then, was it hard to structure your chores and time? What do you think of that now?
A. I like it now. The other two girls when something in the house wasn’t done, they’d always jump on me, I’d always be their pinpoint person to be yelled on. Now we get along really good.

Q. Is there any other likes or dislikes you can think of?

A. I like my room. It gives me more space and storage for my clothes and stuff. I have shelves put in and to put some clothes on it. It’s cold in my room, there’s something I don’t like. The window needs to be fixed, there’s a piece missing from it. My bedroom is the coldest room in the house. I like the big room, but not the smallest room.
3.

Q. How do you like living at Our House?

A. Not very well right now. The roommates that are here right now are not very courteous of my stuff. They go and use my stuff and I don’t seem to get a lot of help from Adrienne and Barbara.

Q. What independent living skills have you learned while you’ve been living here?

A. I have learned to be more independent and have learned some budgeting and controlling my long distance phone calling habits. I have worked on that.

Q. Anything else?

A. Nope.

Q. You just talked about the roommate problem, what other things do you dislike about the house?

A. The staff is helpful but it feels like when something goes wrong, I won’t say something right away and the person who did it will build up a defense against me and try to set me up. So, I guess that the staff are not judges here, we’re not in court and we have to .... Basically, they are very nice people that live here, but they have problems keeping their hands off of things that don’t belong to them.

Q. Do you like the structure that the staff provides or do you want more structure or less structure or what are you saying?

A. I think they’re should be more structure. Someone should not be contacting us every day, but about twice a week. The once is probably good enough, but when something happens, like yesterday we had our meeting and then something will happen today and then I have to wait a whole week before I can sit down and explain this. It is hard to explain this over the phone when they are around.

Q. Do you feel comfortable enough that when you do have a problem that you can call them?

A. Yes, if it’s appropriate, not if it’s just something small. I called Barbara at home and she wasn’t too pleased with me.

Q. What do you like about living here?

A. I like it because it’s a house and you can kind of go in the living room or your room. There’s usually two other people here all the time so I like being able to
come and go as I please. A lot of stuff here is paid for here too, like the washer and dryer, there's no going to the laundromat. There is storage space and that's really helpful. I am moving on the first and we have to pay for laundry and I won't be able to keep my bike there, but it will be nice. You have to pay for more on your own there.

Q. Do you think Our House has helped you to be able to move out independently?

A. Yes, I lived up at Arrowhead House first and being around all of those people all the time, then to being on my own it kind of gets time to go out to another place. I am looking forward to it. I wish I was moving out with a roommate but right now the friend I have now I wouldn't want to move out with. Sometimes when you move out with friends, it doesn't work out.

Q. Are you still going to be in contact with these people at HDC?

A. I still go to Monday and Thursday night classes.

Q. Anything else you want to add?

A. I don't think so.
4.

Q. How did you like living at Our House?

A. I liked it. I had a nice bedroom there and it was handy getting around in a way. Although I couldn't take the hills too good. I have trouble with my legs and the hills seemed like a mile long sometimes. But it was nice, we had good cooking arrangements and they had it furnished quite nicely for us. We had a washing machine in the basement and one of the ladies smoked quite a lot. I don't smoke and it was kind of irritating but we managed pretty good. It was a nice way to live and to get acquainted with getting around in Duluth and to be able to do things.

Q. What independent living skills did you learn while you lived there?

A. I had my own home until July 1988 when we broke up housekeeping. I lived in a mobile home with my girls and I moved over to St. Clair house for a few months. That was rather congested because I had to share a dorm room with several ladies. I had a little corner of my own, but still sharing a large room with several other ladies was rather difficult when you are used to living alone. I think we had to share a bathroom too.

Q. So you knew a lot of these skills before hand? Is there anything else you learned while living there?

A. Mainly, it was just getting acquainted with living in Duluth and not being with my family all the time. That was hard and I still miss them sometimes, but they are 3 lively girls in their early 20's. They are very busy.

Q. What did you not like about living at Our House?

A. Sometimes it was kind of scary. One night we were in the living room and some guys outside were yelling Come out and have some fun with us! I don't know who they were yelling at, but it was kind of scary. I was kind of glad when I got down here because I could live more on my own and it's hard to explain. It was a good place to live and the HDC and IS have been very good to me and have helped me to get acquainted with Duluth. They helped me when I did have problems and when I didn't know what to do about them.

Q. Did you like them being behind you and helping you a little bit.

A. Yes, I go over there each month and try and help with the newsletter at HDC.

Q. What did you like about living at Our House?
A. Mainly getting away from St. Clair house because it was so congested there and then we had a large dining room with two big tables and we had to accept what was fixed there for meals whether we liked it or not. It was a good experience. We had to help clean up after meals and help to prepare meals.

Q. You like the cooking, cleaning, budgeting etc. but you’d rather do it independently?

A. Yes, well I got used to budgeting at my mobile home and paying my monthly bills. I still plan out my expenses for each month. I make sure I get all my bills paid and that my money lasts through the month instead of spending it all at the beginning of the month.

Q. Is there anything else that you’d like to add?

A. Not that I can think of.
Q. How did you like living at Our House?
A. It was OK.

Q. What skills did you learn while you were there?
A. Nothing, because I didn’t stick around long enough.

Q. How long did you live there?
A. A little over a month, I think. I couldn’t sleep. I felt that there was somebody in the house.

Q. Besides your roommates?
A. Yes, so I couldn’t sleep.

Q. What else did you not like about it?
A. That’s the only thing.

Q. What did you like about living there?
A. I liked the place.

Q. The house itself?
A. Yes, my daughter did too.

Q. Is there anything else you liked or disliked about it or anything else you’d like to say?
A. No. I won’t go back there.

Q. You didn’t like it that much?
A. No, there is one certain person that I didn’t care for.

Q. Was that staff or a person you lived with?
A. I can’t remember her name. I got in an argument with her. She tried to tell me I couldn’t... She said if I knew you had fish, I wouldn’t have let you because I wanted a cat. She wouldn’t let me have the fish if I would have known.

Q. Is that your roommate who said that?
A. No, somebody from CLP, I don’t remember her name.
6.

Q. How did you like living at Our House?

A. It was nice, but then when I started getting my illness some more, the staff was kind of rude to me. It was like they wanted to ship me somewhere, like a board and care or hospital or something. So I left Our House.

Q. What kind of independent living skills did you learn?

A. Well I already knew them from living independently before that.

Q. What did you dislike about living there?

A. Just what I said.

Q. About the staff? Did you think they were uncaring or something all the time or just about that one problem?

A. Just for that one problem. They were helpful at other times.

Q. What did you like about living there?

A. I liked one of the residents there, we became friends. We are still friends.

Q. Anything else you’d like to add? How long did you live there?

A. Just a couple of weeks.
Q. How did you like living at Our House?

A. It was OK. I wasn’t there that long. I moved in October and I was already gone on February 1.

Q. Do you think it was a good experience while you were there?

A. It kept me from being homeless.

Q. What kind of independent living skills did you learn while you were there?

A. I can’t really say that I learned a lot there. It was a safe environment where I could continue making the progress that I already made. It helped me remember budgeting skills and to make them better.

Q. You knew the basics, but put in a situation you were able to improve on them.

A. Yes, same with the other skills, I knew them but Our House gave me a chance to use them. In a board and care you don’t really do them that often. You started to put into use the skills you knew and if you didn’t know them, somebody would help you.

Q. What did you dislike about living there?

A. The roommates. When we tried to solve a problem internally and that didn’t work we’d have to get a staff person and when that didn’t work, it seemed like after telling the staff person what we’d already done, it didn’t seem to get resolved. Sometime it was pretty bad stuff. The intervention wasn’t done fast enough. We were told we couldn’t do certain things there and when somebody broke the rule and we tried to stop it, the intervention wasn’t fast enough. It was like a wait and see policy and we had to tell them exactly what was happening. It got to be a problem. For example, a girl was having a guy stay over at night. We told her not to and she kept on doing it. We told the staff. She kept it up. We tried to deal with the problem and we were being hassled for it and when we tried to work it out at a staff meeting the person got very belligerent. We were being punished by the other person, not the staff. Otherwise I liked my roommates, but sometimes things happen and it was an uneasy situation at times.

Q. What did you like about living at Our House?

A. It was a place to live, that was really the main thing. I got an ultimatum at my boarding house. I had to choose between living in a safe place or losing my job. I needed to keep my job so if Our House wasn’t there I would have lost my job. Our House was a place to go in a transition. The timing was remarkable, there was an opening right at the right time. I was able to go forward instead of backwards. I wasn’t watched 24 hours a day. I was in control of me and if I needed help I could get it.
Q. Is there anything else you’d like to add?

A. The only trouble I had after leaving the house was getting my mail. Sometimes it would be forwarded and other times it wouldn’t be. I’ve heard other people say that too. I also think that it is a good place and I think they need more places like it. I would like to see that these places continue to help people and that people aren’t cut off if they go back in the hospital or something.
OUR HOUSE INTERVIEW

[Suggested Introduction]
Hello, my name is Michele Geis and I'm working with the Human Development Center and UMD. We would like to know how you liked living at 'Our House'. May I ask you a few questions?

How did you like living at 'Our House'?
Probes: What did you like?
What didn't you like?
Did you like living with roommates?
How did you get along with your roommates?

How did you like the neighborhood?
Probes: Did you feel safe?
Did you have problems getting around?

Was the program on independent living skills beneficial?
Probes: Which programs did you particularly like?
Which programs did you particularly dislike?
Is there anything about the program which you think should be changed?

Is there anything about the House in general that you think should be changed?

How well did you get along with the staff from the Human Development Center?
Probes: Do you think they were available enough?
Were they able to respond to any crises?

Is there anything else you would like me to include in my report?
DATA SHEET - OUR HOUSE EVALUATION

Resident's ID #: 4

Dates residing at Our House: From 5/1/90 to 7/1/

Total Residence= ___ Days

Type of Previous Residence immediately prior to residence at Our House:

- ___ Jail/Correctional Inc.
- ___ State Hospital
- ___ VA Hospital
- ___ Other in-Pat. Psy. Fac.
- ___ Nursing Home
- ___ Rule 36 I (Treatment)
- ___ Rule 36 II (No Treatment)
- ___ Rule 35 (CD Halfway)
- ___ Board and Care (Aftenro)
- ___ Board and Lodge (4th St)
- ___ Adult Foster Care
- ___ Supervised Apartment
- ___ Independent Living
- ___ Family/Parents/Guard.
- ___ Transient/Homeless
- ___ Other _______

(specify)

Type of Previous Residence: __ Arrowhead House

(give complete description including all residences for one year prior to residence at Our House)

Reason for being placed at Our House: __ Become independent

Learn indep. living skills

Socialization and for

Goal planning

Diagnosis upon admission:

- ___ Schizophrenia
- ___ Affective Disorder
- ___ Personality Disorder
- ___ Anxiety Disorder
- ___ Alzheimer/Dement
- ___ Organ. Brain Dis.
- ___ Other Disorder _______

(specify)
### Services received prior to Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Support</td>
<td>Independence Station</td>
<td>8/15/88 - 8/11/91</td>
<td></td>
</tr>
<tr>
<td>Meetings to be active</td>
<td>Arrowhead House Program</td>
<td>8/18/88 - 5/1/92</td>
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<tr>
<td>Psychiatry</td>
<td>Duluth Clinic</td>
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<td>-</td>
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<tr>
<td>Hypnosis</td>
<td>Doctor</td>
<td>5/90</td>
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<tr>
<td>Volunteer</td>
<td>St Joseph Home, Mpls.</td>
<td>1/90</td>
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<td></td>
<td>Depot</td>
<td>3/90 - 4/1/90</td>
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<td></td>
<td>Craft Shop</td>
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<td>CSP Office</td>
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### Services received while a resident of our house:

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<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Support</td>
<td>Barbara Bradford</td>
<td>5/1/90 - present</td>
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<tr>
<td>One-to-one support</td>
<td>Michelle Blink</td>
<td>5/1/90 - present</td>
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<tr>
<td>Group</td>
<td>Harmony</td>
<td>6/1/91 - present</td>
<td></td>
</tr>
<tr>
<td>Washing</td>
<td>Goodwill</td>
<td>8/20/90</td>
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Services received after leaving Our House:

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<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>N/A</td>
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<td></td>
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Type of Residence immediately following residence at Our House: n/a

- Jail/Correctional Inc.
- State Hospital
- VA Hospital
- Other in-Pat. Psy. Fac.
- Nursing Home
- Rule 36 I (Treatment)
- Rule 36 II (No Treatment)
- Rule 35 (CD Halfway)
- Board and Care (Aftenro)
- Board and Lodge (4th St)
- Adult Foster Care
- Supervised Apartment
- Independent Living
- Family/Parents/Guard.
- Transient/Homeless
- Other (specify)

Type of Previous Residence: n/a

(give complete description including all residences for one year following residence at Our House)
Background Information:

Education Level:  
- Less than High School
- High School Graduate
- Some college or vocational training
- College Graduate
- Advanced Degree

Age when starting residency at Our House: 21

Race:  
- White
- Black
- Native American
- Hispanic/Spanish Surname
- Asian/Pacific Islander
- Other (specify)

Health status when starting residency at Our House:  
- Poor
- Fair
- Good
- Excellent

Health status when leaving Our House:  
- Poor
- Fair
- Good
- Excellent

Disability:  
- Chem Depend.
- Mental Ret.
- Non Amb
- Hearing Imp.
- Visual Imp.
- Epilepsy
- Other Disor (specify)
stop/CB
9/11
2/5/88 - 8/11/91
Actively participant Arrowhead house program 1/22/88 -

MUSICAL DUL. FAMILY PRACTICE CTR. 8/3/88
- occasionally see psychiatrist 3/1990

migraine hypnotherapy

ved - Arrowhead House 8/18/88 - 5/1/90
St. Joseph home - Mols. home - 8/18/88

Volunteer - Depot 7/5/89
St. Luke's Hospital 11/89
Craft shop 11/90 Connerown
in office 3/90

Give - to - B. Bradford
One to ones w/ Michelle Brink
Monday Harmony 8/1/91 -
Goodwill 8/20/90
DATA SHEET - OUR HOUSE EVALUATION

Resident's ID #: 7

Dates residing at Our House: From 8/29/89 to 7/25/89

Total Residence = 27 Days

Type of Previous Residence immediately prior to residence at Our House:
   ___ Jail/Correctional Inc.
   ___ State Hospital
   ___ VA Hospital
   ___ Other in-Pat. Psy. Fac.
   ___ Nursing Home
   ___ Rule 36 I (Treatment)
   ___ Rule 36 II (No Treatment)
   ___ Rule 35 (CD Halfway)
   ___ Board and Care (Afterno)
   ___ Board and Lodge (4th St)
   ___ Adult Foster Care
   ___ Supervised Apartment
   ___ Independent Living
   ___ Family/Parents/Guard.
   ___ Transient/Homeless
   ___ Other (specify)

Type of Previous Residence:
(give complete description including all residences for one year prior to residence at Our House)

Reason for being placed at Our House:

Diagnosis upon admission:
   ___ Schizophrenia (paranoid type)
   ___ Affective Disorder
   ___ Personality Disorder
   ___ Anxiety Disorder
   ___ Alzheimer/Dement
   ___ Organ. Brain Dis.
   ___ Other Disorder (specify)
### Services received prior to Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
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<tbody>
<tr>
<td>CD treatment</td>
<td>Zoob Treatment Center</td>
<td>7/12/80 - 7/2</td>
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<tr>
<td>Treatment</td>
<td>Golden Valley Hospital</td>
<td>8/1 - 2</td>
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<tr>
<td>Nursing home</td>
<td>Breland's home</td>
<td>10/1 - 4/1/82</td>
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<tr>
<td>Programs</td>
<td>IS</td>
<td>9/13/81 - 8/3/82</td>
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<tr>
<td>Live</td>
<td>YWCA</td>
<td>4/1/82</td>
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<tr>
<td>Support meetings</td>
<td>AA</td>
<td>8/19 - 8/20</td>
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<tr>
<td>Day treatment</td>
<td>Sunnyside Hospital</td>
<td>6/9 - 6/9</td>
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<tr>
<td>Youth treatment</td>
<td>St. John's Hospital</td>
<td>10/1/83 - 10/12/86</td>
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<tr>
<td>Programs</td>
<td>NYS</td>
<td>11/19/87 - 12/10/87</td>
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<tr>
<td>Recreation</td>
<td>Abbott Northwestern H.</td>
<td>11/24/87 - 12/1/89</td>
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<td></td>
<td>5/12 - 12/19</td>
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### Services received while a resident of our house: 8/27/89 - 9/26/89

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<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
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<tr>
<td>Program</td>
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<td>4/12/87 - 10/26/89</td>
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<tr>
<td>Group</td>
<td>AA</td>
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Services received after leaving Our House:

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<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
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<tr>
<td>Day Treatment</td>
<td>CSP</td>
<td>9/1/85 -</td>
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<tr>
<td>Harmony</td>
<td>MLP</td>
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</table>

Type of Residence immediately following residence at Our House:

- Jail/Correctional Inc.
- State Hospital
- VA Hospital
- Other in-Pat. Psy. Fac.
- Nursing Home
- Rule 36 I (Treatment)
- Rule 36 II (No Treatment)
- Rule 35 (CD Halfway)
- Board and Care (Aftenro)
- Board and Lodge (4th St)
- Adult Foster Care
- Supervised Apartment
- Independent Living
- Family/Parents/Guard.
- Transient/Homeless
- Other

(specify)

Type of Previous Residence: Independent apartment

MLRTC - St. Wkld
St. Luke's Hospital

Miller-Duan

10/25-11/7 77 (CD)
2/28-3/17 78 (CD)
6/7-7/10 81 (CD)
7/15-12/18 80 (PIUTURE)
10/9-10/18 84
12/18-2/4 84
11/20-11/24 84
11/2-11/20 84
5/10-5/23 88
2/8-2/24 89
9/10-9/11 90

10/10-10/18 79
10/16-10/7 82
10/3-10/12 84
11/1-11/7 84
11/29-12/2 87
Background Information:

Education Level:  
- Less than High School
- High School Graduate
- Some college or vocational training
- College Graduate
- Advanced Degree

Age when starting residency at Our House: 26

Race:  
- White
- Black
- Native American
- Hispanic/Spanish Surname
- Asian/Pacific Islander
- Other (specify)

Health status when starting residency at Our House:
- Poor
- Fair
- Good
- Excellent

Health status when leaving Our House:
- Poor
- Fair
- Good
- Excellent

Disability:
- Chem Depend.
- Mental Ret.
- Non Amb
- Hearing Imp.
- Visual Imp.
- Epilepsy
- Other Disor (specify)
Mary E. 


Golden Valley Hospital (Golden) 

2001 Treatment Center - 7/12/80 

Durham Clinic 

Brelands Boarding Home (Duluth) 


ABDUTH N. Western Hosp. 

Miller-Durham (cont.) 

St. Luke's (cont.) 

Eugene - 10/7-11/18/86 

Heubasta (1981 - 1987 - after Miller) 

1981 - 1987 Off on 

Fallen Angel Hosp. 12/09/80 - 2/24/88 

07/09/80 - 12/09/80
DATA SHEET - OUR HOUSE EVALUATION

Resident's ID #: 2

Dates residing at Our House: From 2/27/89 to 4/20/89

Total Residence= 114 Days

Type of Previous Residence immediately prior to residence at Our House:

- [ ] Jail/Correctional Inc.
- [ ] State Hospital
- [ ] VA Hospital
- [ ] Other in-Pat. Psy. Fac.
- [ ] Nursing Home
- [ ] Rule 36 I (Treatment)
- [ ] Rule 36 II (No Treatment)
- [ ] Rule 35 (CD Halfway)
- [ ] Board and Care (Aftenro)
- [x] Board and Lodge (4th St)
- [ ] Adult Foster Care
- [ ] Supervised Apartment
- [ ] Independent Living
- [ ] Family/Parents/Guard.
- [ ] Transient/Homeless
- [ ] Other (specify)

Type of Previous Residence:

Lived at St. Clare House. Previously lived in a mobile home with her 3 daughters.

Reason for being placed at Our House:

Save money. To move into our apartment and develop living skills.

Diagnosis upon admission:

- [ ] Schizophrenia
- [ ] Affective Disorder
- [ ] Personality Disorder (Dependent)
- [ ] Anxiety Disorder
- [ ] Alzheimer/Dementia
- [ ] Organ. Brain Dis.
- [x] Other Disorder (specify)
Services received prior to Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Depression</td>
<td>Miller-Dwan Hospital</td>
<td>4/13/88 - 4/20/88</td>
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<tr>
<td></td>
<td>St. Clare House</td>
<td>7/88 - 2/27/89</td>
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Services received while a resident of our house:

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<th>Agency/Program</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Wed. evening</td>
<td>Independence Station</td>
<td>7/21/88 - 11/7/88</td>
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<td>Saturday</td>
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<tr>
<td>Thursday</td>
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<tr>
<td>Volunteer positions</td>
<td>King Manor, Lakeshore Lutheran</td>
<td>9/26/88 - 5/89</td>
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<td>Paid employment</td>
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<td>General activities</td>
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<td>Social activity</td>
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Services received after leaving Our House:

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<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
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<tr>
<td>Ongoing support</td>
<td>Project S.O.T.E.</td>
<td>11/7/89</td>
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<td>Activities</td>
<td>CLP</td>
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<td>Church</td>
<td>1/1/90</td>
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<td></td>
<td>Poetry Club</td>
<td></td>
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<tr>
<td></td>
<td>King Manor</td>
<td>11/89</td>
<td></td>
</tr>
</tbody>
</table>

Type of Residence immediately following residence at Our House:  

- King Manor

Type of Previous Residence:  
(give complete description including all residences for one year following residence at Our House)  

King Manor apartment
Background Information:

Education Level: 6 Less than High School
                4 High School Graduate
                3 Some college or vocational training
                2 College Graduate
                1 Advanced Degree

Age when starting residency at Our House: 56

Race:  ✓ White
       1 Black
       3 Native American
       3 Hispanic/Spanish Surname
       4 Asian/Pacific Islander
       2 Other (specify)

Health status when starting residency at Our House:
       1 Poor
       0 Fair
       3 Good
       4 Excellent

Health status when leaving Our House:
       3 Poor
       0 Fair
       3 Good
       1 Excellent

Disability:
       0 Chem Depend.
       0 Mental Ret.
       0 Non Amb.
       0 Hearing Imp.
       4 Visual Imp.
       ✓ Epilepsy (history of this)
       2 Other Disor (specify) Thyroid
St. Claire House - 7/89 - 2/7/94
Miller/Dwight Hospital - 6/13/88 - 6/22/88 depression
King Manor - volunteered
Lakeshore Lutheran - volunteering 8/28/88 - 5/89
Project Safe - 11/7/88
Paid employment
King Manor
A.T.S. Interactions Group - volunteering 11/89 -
Church activities
Poetry Club - 3/90 -
Previous (mobile home w/3 daughters (divorced)) - 7/8
Previously w/husband in Southern MN
Homemaker/Parent
DATA SHEET - OUR HOUSE EVALUATION

Resident's ID #: 3

Dates residing at Our House: From 8/21/89 to 11/17/89

Total Residence= 78 Days

Type of Previous Residence immediately prior to residence at Our House:
- Jail/Correctional Inc.
- State Hospital
- VA Hospital
- Other in-Pat. Psy. Fac.
- Nursing Home
- Rule 36 I (Treatment)
- Rule 36 II (No Treatment)
- Rule 35 (CD Halfway)
- Board and Care (Aftenro)
- Board and Lodge (4th St)
- Adult Foster Care
- Supervised Apartment
- Independent Living
- Family/Parents/Guard.
- Transient/Homeless
- Other (specify)

Type of Previous Residence: Several Single Living Apartments

Reason for being placed at Our House: Increase independent living situation

Diagnosis upon admission:
- Schizophrenia
- Affective Disorder
- Personality Disorder
- Anxiety Disorder
- Alzheimer/Dementia
- Organ. Brain Dis.
- Other Disorder (specify)
### Services received prior to Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Harmony, etc.</td>
<td>St. Luke's Hospital</td>
<td>9/19-9/11/85</td>
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<tr>
<td>Psychiatric unit</td>
<td>Brainard State Hospital</td>
<td>1973 off. on 9/11/85</td>
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<td>Mental Health unit</td>
<td>Moose Lake State Hospital</td>
<td>9/11/85-11/4/85</td>
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<tr>
<td>Measuring, holes</td>
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<tr>
<td>Aggression, delusion</td>
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<tr>
<td>Follow-up plans</td>
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<tr>
<td>Assessment behavior</td>
<td>Carlston Hall</td>
<td>4/85-9/85</td>
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<td>Future Goodwill</td>
<td>GIVE</td>
<td>11/14/85-9/1/86</td>
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<td>12/1-7/26/85</td>
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<td>Park Point Manor Young Adult Unit</td>
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### Services received while a resident of our house:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-advocacy skills</td>
<td>Harmony Group (M.W. &quot;Son&quot;)</td>
<td>7/6/80-</td>
<td></td>
</tr>
<tr>
<td>Volunteer</td>
<td>Volunteer group (weekly)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>HELI GROUP &quot;People First&quot;</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Volunteer work</td>
<td></td>
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Services received after leaving Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Support groups</td>
<td>Harmony</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Support/help</td>
<td>Cosmide contact (Jan. 8)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Volunteering</td>
<td>Meals on Wheels</td>
<td>12/89 -</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Tri-Towers</td>
<td>2/90</td>
<td></td>
</tr>
</tbody>
</table>

Type of Residence immediately following residence at Our House:

- [ ] Jail/Correctional Inc.
- [ ] State Hospital
- [ ] VA Hospital
- [ ] Other in-Pat. Psy. Fac.
- [ ] Nursing Home
- [ ] Rule 36 I (Treatment)
- [ ] Rule 36 II (No Treatment)
- [ ] Rule 35 (CD Halfway)
- [ ] Board and Care (Aftenro)
- [ ] Board and Lodge (4th St)
- [ ] Adult Foster Care
- [x] Supervised Apartment
- [ ] Independent Living
- [ ] Family/Parents/Guardian
- [ ] Transient/Homeless
- [ ] Other

(specify)

Type of Previous Residence:
(give complete description including all residences for one year following residence at Our House)

[ ] apartment living alone
Background Information:

Education Level: □ Less than High School
□ High School Graduate
□ Some college or vocational training
□ College Graduate
□ Advanced Degree

Age when starting residency at Our House: 38

Race: □ White
□ Black
□ Native American
□ Hispanic/Spanish Surname
□ Asian/Pacific Islander
□ Other
(specify)

Health status when starting residency at Our House:
□ Poor
□ Fair
□ Good
□ Excellent

Health status when leaving Our House:
□ Poor
□ Fair
□ Good
□ Excellent

Disability:
□ Chem Depend.
□ Mental Ret.
□ Non Amb.
□ Hearing Imp.
□ Visual Imp.
□ Epilepsy
□ Other Disor
(specify)
DATA SHEET - OUR HOUSE EVALUATION

Resident's ID #: 5

Dates residing at Our House: From 10/2/89 to 2/1/90

Total Residence= 122 Days

Type of Previous Residence immediately prior to residence at Our House:

- __ Jail/Correctional Inc.
- __ State Hospital
- __ VA Hospital
- __ Other In-Pat. Psy. Fac.
- __ Nursing Home
- __ Rule 36 I (Treatment)
- __ Rule 36 II (No Treatment)
- __ Rule 35 (CD Halfway)
- __ Board and Care (Aftenro)
- __ Board and Lodge (4th St)
- __ Adult Foster Care
- __ Supervised Apartment
- __ Independent Living
- __ Family/Parents/Guard.
- __ Transient/Homeless
- __ Other (specify)

Type of Previous Residence: St. Clair House

(give complete description including all residences for one year prior to residence at Our House)

Reason for being placed at Our House:

- __ No reason given besides client wanted to move out of St. Clair house. # problems, crowded place.

Diagnosis upon admission:

- __ Schizophrenia
- __ Affective Disorder
- X __ Personality Disorder
- __ Anxiety Disorder
- __ Alzheimer/Dement
- __ Organ. Brain Dis.
- __ Other Disorder (specify)
Services received prior to Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>classes - programs</td>
<td>Independence Station</td>
<td>1/8/87-7/7/87</td>
<td></td>
</tr>
<tr>
<td></td>
<td>St. Paul's House</td>
<td>6/19/86-10/1/89</td>
<td></td>
</tr>
<tr>
<td>night programs</td>
<td>Independence Station</td>
<td>7/7/88 - ?</td>
<td></td>
</tr>
<tr>
<td>emergency app't</td>
<td>HDC</td>
<td>12/31/73</td>
<td></td>
</tr>
<tr>
<td>mental health</td>
<td>Miller Dwan Hospital</td>
<td>several occasions</td>
<td></td>
</tr>
<tr>
<td>psychiatric hospitalization</td>
<td>St. Luke's</td>
<td></td>
<td></td>
</tr>
<tr>
<td>volunteer</td>
<td>Development house</td>
<td>8/189 (for lunch)</td>
<td></td>
</tr>
<tr>
<td>job</td>
<td>Redways</td>
<td>1988-9</td>
<td></td>
</tr>
<tr>
<td>LD classes</td>
<td>Overman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Comm. Ed</td>
<td>Govt. Service Ctr.</td>
<td>1987</td>
<td></td>
</tr>
<tr>
<td>life skills</td>
<td>YWCA</td>
<td></td>
<td></td>
</tr>
<tr>
<td>group</td>
<td>AAFA</td>
<td>2/8/88</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Adult Children of Alcoholics</td>
<td>1988-9</td>
<td></td>
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</table>

Services received while a resident of our house:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>LD classes</td>
<td>St. Louis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Night case</td>
<td>Independence Station</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Job</td>
<td>St. Vincent</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Volunteer</td>
<td>Dept</td>
<td></td>
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</tr>
<tr>
<td>front counseling</td>
<td>HDC</td>
<td></td>
<td></td>
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<tr>
<td>general support</td>
<td>Saint Ann, casework</td>
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</table>
Services received after leaving Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volunteer</td>
<td>Dr. John</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Treatment</td>
<td>Doctor Cowan</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Back to Home</td>
<td>UWS</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Type of Residence immediately following residence at Our House:

- [ ] Jail/Correctional Inc.
- [ ] State Hospital
- [ ] VA Hospital
- [ ] Other in-Pat. Psy. Fac.
- [ ] Nursing Home
- [ ] Rule 36 I (Treatment)
- [ ] Rule 36 II (No Treatment)
- [ ] Rule 35 (CD Halfway)
- [ ] Board and Care (Aftenro)
- [ ] Board and Lodge (4th St)
- [ ] Adult Foster Care
- [ ] Supervised Apartment
- [ ] Independent Living
- [ ] Family/Parents/Guard.
- [ ] Transient/Homeless
- [ ] Other (specify)

Type of Previous Residence:

(give complete description including all residences for one year following residence at Our House)

Independent Living in an apartment
Background Information:

Education Level:  
- Less than High School
- High School Graduate
- Some college or vocational training
- College Graduate
- Advanced Degree

Age when starting residency at Our House: 30

Race:  
- White
- Black
- Native American
- Hispanic/Spanish Surname
- Asian/Pacific Islander
- Other (specify)

Health status when starting residency at Our House:  
- Poor
- Fair
- Good
- Excellent

Health status when leaving Our House:  
- Poor
- Fair
- Good
- Excellent

Disability:  
- Chem Depend.
- Mental Ret.
- Non Amb
- Hearing Imp.
- Visual Imp.
- Epilepsy
- Other Disor  
  (specify)

HDC - 12/31/73 (emer. app') - placed w/ Mother in Superior

Miller Dwan - several occasions - 1988

Father in Superior Psych Ward.

5 Days in St. Luke's 1 week int 8/89

Dep't Playhouse
Country Buffet
Ocean - Comm. Ed. classes

Gov't Service CTR 2/87

Lived YWCA - moved in after HS

Them to Voc School, then to UWSobrms

Adult Children of Alcoholics

AFAB 2/8/88

Monday night group - FS 7/88
DATA SHEET - OUR HOUSE EVALUATION

Resident's ID #: 6

Dates residing at Our House: From 2/15/90 to Present

Total Residence= n/a Days

Type of Previous Residence immediately prior to residence at Our House:

- Jail/Correctional Inc.
- State Hospital
- VA Hospital
- Other in-Pat. Psy. Fac.
- Nursing Home
- Rule 36 I (Treatment)
- Rule 36 II (No Treatment)
- Rule 35 (CD Halfway)
- Board and Care (Affenro)
- Board and Lodge (4th St)
- Adult Foster Care
- Supervised Apartment
- Independent Living
- Family/Parents/Guard.
- Transient/Homeless
- Other (specify)

Type of Previous Residence: YWCA - 4/1/89 - 2/15/90
Carson Hall - 4/88 - 4/1/89

Reason for being placed at Our House: More supervision Support at home to finish school. Not in hospital at this time.

Diagnosis upon admission: Schizophrenia
Affective Disorder
Personality Disorder
Anxiety Disorder
Alzheimer/Dementia
Organ. Brain Dis.
Other Disorder (specify) Traumatic

1
### Services received prior to Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Mental Health</td>
<td>St. Luke's Hospital Substance</td>
<td>4/11 - 4/12/88</td>
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<tr>
<td></td>
<td>Soar Program</td>
<td></td>
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<tr>
<td></td>
<td>Calvan's, Ham</td>
<td>1/26/88 - 1/1/89</td>
<td></td>
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<tr>
<td></td>
<td>Beaches Lodge</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Group Home</td>
<td></td>
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<tr>
<td></td>
<td>Casa Program</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Day Treatment</td>
<td></td>
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<tr>
<td></td>
<td>Infirmery Stein</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>John Merrill</td>
<td>9/17 - 9/22/90</td>
<td></td>
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<tr>
<td></td>
<td>Support Group</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>Operators/ personal</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Harmony</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mental Health - Hostel (SU Sew)</td>
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</table>

### Services received while a resident of our house: 2/15/90

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>P.O.S.</td>
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<td></td>
</tr>
<tr>
<td></td>
<td>Finger Print</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>D.A.V.T.I.</td>
<td>3/10</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Case A.D.</td>
<td>8/10</td>
<td></td>
</tr>
<tr>
<td></td>
<td>P.A. Rehabilitation</td>
<td>8/10</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Monday Support</td>
<td>8/10</td>
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</tr>
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</table>
Services received after leaving Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>n/a</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Type of Residence immediately following residence at Our House:

- [ ] Jail/Correctional Inc.
- [ ] State Hospital
- [ ] VA Hospital
- [ ] Other in-Pat. Psy. Fac.
- [ ] Nursing Home
- [ ] Rule 36 I (Treatment)
- [ ] Rule 36 II (No Treatment)
- [ ] Rule 35 (CD Halfway)
- [ ] Board and Care (Aftenro)
- [ ] Board and Lodge (4th St)
- [ ] Adult Foster Care
- [ ] Supervised Apartment
- [ ] Independent Living
- [ ] Family/Parents/Guard.
- [ ] Transient/Homeless
- [ ] Other (specify)

Type of Previous Residence:
(give complete description including all residences for one year following residence at Our House)

n/a
Background Information:

Education Level:
- [ ] Less than High School
- [X] High School Graduate
- [ ] Some college or vocational training
- [ ] College Graduate
- [ ] Advanced Degree

Age when starting residency at Our House: 24

Race:
- [ ] White
- [ ] Black
- [ ] Native American
- [ ] Hispanic/Spanish Surname
- [ ] Asian/Pacific Islander
- [ ] Other (specify)

Health status when starting residency at Our House:
- [ ] Poor
- [X] Fair
- [ ] Good
- [ ] Excellent

Health status when leaving Our House:
- [ ] Poor
- [ ] Fair
- [ ] Good
- [ ] Excellent

Disability:
- [X] Chem Depend.
- [ ] Mental Ret.
- [ ] Non Amb
- [ ] Hearing Imp.
- [ ] Visual Imp.
- [ ] Epilepsy
- [ ] Other Disor (specify)
The page contains handwritten text that is difficult to transcribe accurately. It seems to be a collection of various notes and references. Here are some excerpts:

- St. Luke's Program
- CSP-John Murray
- 2/15/19
- 1/18/88
- 8/11/92
- 11/11/92
- 11/8/88
- 8/8/88
- 12/8/88
- 11/8/92

The text appears to be a mix of dates, names, and possibly addresses or codes, but without further context, it's challenging to provide a coherent interpretation.
DATA SHEET - OUR HOUSE EVALUATION

Resident's ID #: 8

Dates residing at Our House: From 9/1/90 to Present

Total Residence= N/A Days

Type of Previous Residence immediately prior to residence at Our House:
- Jail/Correctional Inc.
- State Hospital
- VA Hospital
- Other In-Pat. Psy. Fac.
- Nursing Home
- Rule 36 I (Treatment)
- Rule 36 II (No Treatment)
- Rule 35 (CD Halfway)
- Board and Care (Aftenro)
- Board and Lodge (4th St)
- Adult Foster Care
- Supervised Apartment
- Independent Living
- Family/Parents/Guard.
- Transient/Homeless
- Other (specify)

Type of Previous Residence: Arrowhead House

(give complete description including all residences for one year prior to residence at Our House)

Reason for being placed at Our House:

Diagnosis upon admission:
- Schizophrenia
- Affective Disorder
- Personality Disorder
- Anxiety Disorder
- Alzheimer/Dement
- Organ. Brain Dis.
- Other Disorder Borderline MR (specify)
Services received prior to Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Programs</td>
<td>Moose Lake Local Housing</td>
<td>1/5 - 11/83</td>
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<td></td>
<td>Moose Lake State Housing</td>
<td>8/26 - 8/1/83</td>
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<tr>
<td>Live in Programs</td>
<td>Arconac House</td>
<td>8/23 - 1/67</td>
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<td></td>
<td>Independence Living</td>
<td>1/67 - 7/17</td>
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<td></td>
<td>Amended House</td>
<td>1/37 - 2/1/87</td>
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<td></td>
<td>Independence Station (T)</td>
<td>1/37 - 1/1/90</td>
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<td></td>
<td>Voc. Train</td>
<td>11/6 - 1/3/93</td>
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<td>Independence Station (T)</td>
<td>12/13 - 1/3/93</td>
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<td>Harmon</td>
<td>11/15 - 1/32</td>
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<td>St. Luke's Hospital</td>
<td>11/14 - 11/7/13</td>
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<td>12/13 - 12/17/13</td>
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<td>3/14 - 1/19</td>
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<tr>
<td>Work for Pay</td>
<td>Arconac House</td>
<td>1/3 - present</td>
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Services received while a resident of our house: 9/1/90

<table>
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<th>Type</th>
<th>Agency/Program</th>
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<tbody>
<tr>
<td>Programs</td>
<td>Harmony</td>
<td>11/19/82 - 8/1 - present</td>
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<tr>
<td></td>
<td>Jefferson Square</td>
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<td>DRS</td>
<td>Sunny Zimmerman</td>
<td>8/1 - present</td>
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<tr>
<td></td>
<td>(Pam Graham)</td>
<td></td>
<td></td>
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<td></td>
<td>Arconac House</td>
<td>1/89 - present</td>
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</tr>
<tr>
<td></td>
<td>CSS - Dakota Hts</td>
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</tbody>
</table>
Services received after leaving Our House:

<table>
<thead>
<tr>
<th>Type</th>
<th>Agency/Program</th>
<th>Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>n/a</td>
<td>n/a</td>
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<td></td>
</tr>
</tbody>
</table>

Type of Residence immediately following residence at Our House: n/a

- Jail/Correctional Inc.
- State Hospital
- VA Hospital
- Other in-Pat. Psy. Fac.
- Nursing Home
- Rule 36 I (Treatment)
- Rule 36 II (No Treatment)
- Rule 35 (CD Halfway)
- Board and Care (Aftenro)
- Board and Lodge (4th St)
- Adult Foster Care
- Supervised Apartment
- Independent Living
- Family/Parents/Guard.
- Transient/Homeless
- Other (specify)

Type of Previous Residence: n/a

(give complete description including all residences for one year following residence at Our House)
Background Information:

Education Level:  
- Less than High School
- High School Graduate
- Some college or vocational training
- College Graduate
- Advanced Degree

Age when starting residency at Our House: 32

Race:  
- White
- Black
- Native American
- Hispanic/Spanish Surname
- Asian/Pacific Islander
- Other (specify)

Health status when starting residency at Our House:  
- Poor
- Fair
- Good
- Excellent

Health status when leaving Our House:  
- Poor
- Fair
- Good
- Excellent

Disability:  
- Chem Depend
- Mental Ret.
- Non Amb
- Hearing Imp.
- Visual Imp.
- Epilepsy
- Other Disor (specify)

Chronic bladder problems
Give 7-10/12 

Shirlee: 9-12/12 - 6/8 

Carson: 1-9/12 - 11/12 

Times: 11/12-11/18 

House 
8/12 - 11/12 

FS - returned 
11/12-11/18 

Harrow 
11/12-11/18 

Harmony 
11/12-11/18 

Hospital: 8/12 - 11/12 

Most will start hospital: 11/5/83 

Local: 11/5/83 

Tampa: 12/5/83